

FOOTBED

Abstract

A footbed for insertion into a shoe. The footbed includes an insole with a heel area, a metatarsal area and an arch area between the heel area and the metatarsal area. The insole also includes a lateral side and a medial side. A support is attached to the insole and extends between the arch area and the heel area of the insole. The support extends from the lateral side to the medial side of the insole to reduce pronation in a foot that is supported by the footbed.